

### *Personal Information*

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### *Personal statement*

I am passionate, enthusiastic and thorough in everything that I do. I champion an exceptional health and safety culture and promote staff and colleague wellbeing to enhance the company performance. I believe in a balance of a proactive and hands on approach, mixed with a strategic awareness to every task and I am always a thorough professional.

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### *Employment*

**Countryside Properties/ Vistry Group** **June 2022 – Present**

Health, Safety and Environmental Advisor

#### Responsibilities

- Conducting health, safety and environmental scored site inspections and audits.
- Ensuring all site personnel are compliant with safety standards through advisory visits.
- Investigation of site accidents and incidents.
- Ensuring that safety systems of work are accurate and up to date.
- Reviewing risk assessment method statements.
- Delivering training courses.

**Utility Saver Specialists** **Aug 2020 – May 2022**  
(Paymentsense & V9 Group)

Business Development Manager (Northwest)

**Verastar** **July 2019 – Apr 2020**  
Business Development/ Direct Sales Leader (Northwest)

**Global Media** **Nov 2018 – July 2019**  
Business Development/ Account Manager (Lancashire and Cumbria)

**R&J Builders Hardware** **Feb 2016 – Oct 2018**  
Area Sales Manager (Northeast)

**Magnet/ Magnet Trade/ Contract Kitchen Solutions**

Multi- Site General Manager

**Mar 2014 – Feb 2016**

Annual Turnover £5m+ managing 14 full time staff

Health and Safety Responsibilities

- Establish procedures for fire, first aid and general SSOW for the stores.
- Train staff awareness for individual and team health and safety responsibilities.
- Perform, record and review all risk assessments for the stores.
- Display health and safety procedures in prominent places and create awareness of this.
- Manage the health and safety within the stores to eliminate or reduce the risk to employees and visitors.
- Consult with staff in meetings to improve health and safety in the store.
- Champion the health and safety culture in the business.

**Halfords**

General Store Manager/ Cluster Leader

**Apr 2011 – Mar 2014**

Annual Turnover £3.5m+ managing 31 staff.

Health and Safety Responsibilities

- Establish procedures for fire, first aid and general SSOW for the stores.
- Train staff awareness for individual and team health and safety responsibilities.
- Perform, record and review all risk assessments for the stores.
- Display health and safety procedures in prominent places and create awareness of this.
- Manage the health and safety within the stores to eliminate or reduce the risk to employees and visitors.
- Consult with staff in meetings to improve health and safety in the store.
- Champion the health and safety culture in the business.

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*Education, Qualifications & Training*

Level 3 Award in Education and Training (AET)  
 NEBOSH Health and Safety Management for Construction (UK)  
 CDM In Practice  
 CDM Principal Designer APS Accredited  
 CITB Site Environmental Awareness Training (SEATS)  
 CITB Fire Safety Awareness in Construction and the Built Environment  
 CITB Fire Safety in Buildings  
 CITB Test for Managers and Professionals.  
 CITB Temporary Works Coordinator  
 CISRS Scaffold Awareness  
 Safety and Access basic scaffold inspection  
 White CSCS Card.  
 CITB SMSTS (Site Manager Safety Training scheme)  
 First Aid At Work  
 Emergency First Aid  
 CPD COSHH Management  
 CPD Fire Awareness  
 CPD Health and Safety Awareness.  
 Accident Investigation  
 Site Manager Induction